SPRING PROGRAM

APRIL – JUNE 2021

UPDATED APRIL 14TH 2021

CHIC

Community House & Information Centre

カルチャーセンター

CHIC MEMBERSHIP, POLICIES & INFORMATION

ABOUT CHIC

Community House & Information Centre (CHIC) is a non-profit community organization committed to meeting the needs of the Kansai community. CHIC is a place for Japanese and foreigners to socialize and connect in a casual and fun atmosphere.

MEMBERSHIP

CHIC membership allows you, your family, and visitors from outside Kansai to participate in all of CHIC's classes, trips, and events at special member prices. Membership for a year (12 months from signing up) is ¥ 6,000 and ¥ 4,000 for six months. If you have been a CHIC member for five consecutive years, the membership fee is ¥ 3,000 for one year. Please note, payment for any series class and some special events or classes are available strictly to members only.

SPECIAL MEMBERSHIP

If you only attend the children's classes, the membership fee is ¥ 3,000 for a year and ¥ 2,000 for six months.

REGISTRATION/CANCELLATION/REFUND POLICY

If you wish to attend a class or a trip, your registration will not be considered confirmed until your payment is made; you will be placed on the waiting list instead. Payment should be made at least seven days prior to a trip.

Please Note: Bookings for some special events or classes may be available to members only. While we understand sometimes your plans or circumstances change, if you need to cancel less than seven days prior to a class or trip, NO refund can be given.

TRIP PARTICIPANTS

Please be aware that during CHIC organized outings, **CHIC is not responsible** for lost items, personal injury, property damage, and delays due to circumstances beyond our control, such as traffic jams, train delays and weather conditions. The return timings shown are only an approximate indication. Thank you for your understanding!

CONTACT

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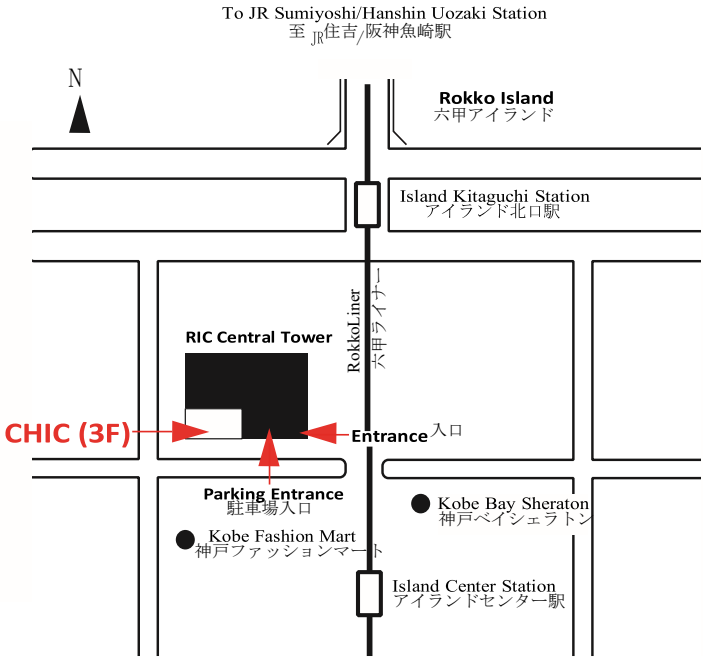


ACTIVITIES & TRIPS

21.1 SUPERMARKET SIMPLIFIED

How many times do we wonder what things are, or where things are, or what to d o with certain groceries we come across in our daily lives living here in Japan? Let Naomi answer your questions and demystify some of the selections at the local supermarket. This is not just for new-comers, but for anyone who has ever had questions related to in-store products. We will enjoy an optional lunch afterwards

Trip Leader:	Naomi Nakashima
Date:	Available upon request
Time:	10:00 – 12:00
Meeting Place:	Chic Office
Min / Max:	1 / 6
Members Fee:	¥ 1000
Non-Members Fee:	¥ 2000

21.6 GLASS ART CLASS AND ASHIYA WALK

Would you like to make glass sun catcher? We use the technique of fusing to create a glass ornament. After a creative time, we will have lunch at the near by restaurant Embrace. After that, we will return to the station while going around the small shops in the city of Ashiya.

Trip Leader:	Kimie Kuroda
Date:	Thursday 22nd April
Time:	9:15 – 14:30
Meeting Place:	JR Ashiya South side near taxi stand
Min / Max:	2 / 5
Members Fee:	¥ 1500
Non-Members Fee:	¥ 2500
Additional Costs:	Transportation, lunch, glass making class fee ¥4500
Additional Information:	Bring an apron and a hand towel

21.20 SEASONAL LUNCHEON AND WINE PAIRING AT PIERRE

Pierre reveals their 2021 Michelin star, and is looking forward to welcoming us again to experience their latest seasonal menu paired with wines to complement the ingredients. This acclaimed restaurant has become a favorite on the CHIC program, so join us for a journey of the senses.

Trip Leader:	Helen McBain
Date:	Friday 23rd April
Time:	12:00 – 14:00
Meeting Place:	Pierre Intercontinental Osaka
Min / Max:	6 / 12
Members Fee:	¥ 13,000
Non-Members Fee:	¥ 15,000
Additional Costs:	Transportation

21.26 SHORINJI TEMPLE MEDITATION (**NEW TO PROGRAM @ 7TH APRIL**)

Wanting some down time, join Ikuyo on this peaceful trip to Kyoto. You will walk to the bridge of Tofukuji and enjoy the beautiful green leaf maple trees before heading to a local café for a light sandwich and coffee. After lunch you will teake a leisurely walk to Shorinji temple and receive a blessing from one of the monks, who will also talk you thought the history of the temple and give you hints for Zazen (meditation). You will then meditation for 2 x 15 minute sessions and then enjoy matcha tea and a sweet.

Trip Leader:	Ikuyo Miki
Date:	Tuesday 27th April
Time:	09:05 – 15:30
Meeting Place:	JR Ashiya Central
Min / Max:	1 / 4
Members Fee:	¥ 3500
Non-Members Fee:	¥ 4500
Additional Costs:	Transportation and lunch
Additional information:	Blessing, meditation, matcha and sweets included in price

21.21 A SLICE OF OSAKA

Explore Takamura Coffee Roasters and Wine Merchants where you can reload your caffeine stores, order wine from all corners of the globe for home delivery and peruse the yummy supplies on display before going for lunch. La Roccia has some of the best pizza combinations in Osaka and is always packed with loyal customers. After lunch we will walk back to Osaka Station and pop past the Museum of Art to see their latest exhibition.

Trip Leader:	Helen McBain
Date:	Thursday 13th May
Time:	10:45 – 15:00
Meeting Place:	JR Osaka
Min / Max:	2 / 8
Members Fee:	¥ 1500
Non-Members Fee:	¥ 2500
Additional Costs:	Transportation, lunch and wine

21.22 OLD MITSUI FAMILY SHIMOGAMO VILLA AND SHIMOGAMO SHRINE (KYOTO CITY)

Old Mitsui Family Shimogama Villa is located to the south side of Shimogamo Jinja Shrines. It was established by Hachiro-emon Takamine, the 10th head of the Mitsui Kita Family (the head family of all the eleven Mitsui families), as a villa for all the Mitsui families. We will visit the Shimogamo Villa first and then head to the shrine.

Trip Leader:	Yuko Sangu
Date:	Tuesday 18th May
Time:	9:40 – 12:30
Meeting Place:	Kyoto Station, JR North exit ticket gate
Min / Max:	5 / 10
Members Fee:	¥ 2000
Non-Members Fee:	¥ 3000
Additional Costs:	Transportation
Additional Information:	Admission fee included in price. Lunch is not included, and you cannot eat at either site.

21.23 ATELIER BEE'S KNEES KINTSUGI WORKSHOP & LUNCH

Atelier Bee's Knees is a place to relax and immerse yourself in Japanese culture. Sachiyo, a good friend of one of our volunteers Kayoko, will lead you through a kintsugi (ceramic mending) workshop and provide a delicious lunch halfway through. Also take the time to admire Sachiyo's beautiful gardens.
Kintsugi is a ceramic mending technique. Since medieval times this art has been used to repair cracked crockery. Traditionally 'Urushi' lacquer was used, but now modern materials are utilized to create a unique artwork out of the broken parts.

Trip Leader:	Sachiyo August
Date:	Wednesday 26th May
Time:	10:30 – 14:00
Place:	Kintetsu Ikoma Station
Min / Max:	2 / 8
Members Fee:	¥ 8000
Non-Members Fee:	¥ 9000
Additional costs:	Transportation
Additional Information:	You can drive directly to the workshop if you'd prefer. You can either bring your own broken dish or a piece will be supplied.

21.15 YUSAI – TEI CLOTH DYE

Yusai-Tei is owned by the famous dyeing artist, Yusai Okuda. He owns a 150 year old traditional house which is his home, workshop and gallery too! Before creating your own piece of art you will enjoy some matcha tea and a sweet.

Trip Leader:	Jessica Shameela
Date:	Thursday 27th May
Time:	9:00 – 15:30
Place:	JR Ashiya Station
Min / Max:	2 / 8
Members Fee:	¥ 1500
Non-Members Fee:	¥ 2500
Additional costs:	Transportation, entrance fee ¥2000 and cotton dyeing cost ¥3000 (35cm x 65cm)

21.25 HIKE UP MOUNT ROKKO

Feel like getting outdoors and doing some extra exercise? Join Kristi our outgoing fitness lover, and Christoph a man who loves a hike, for a fun trek up Mt Rokko.
Two options: You can opt for a shorter 2.5 hour hike with Kristi and go for lunch afterwards at a local sushi restaurant OR you can pack your lunch and power on up to the top of Mt Rokko with Christoph and eat your lunch with a view before heading back down. You can decide on the day which you'd prefer to do.

Trip Leader:	Kristi Keoughan & Christoph Penkhaus
Date:	Monday 31st May
Time:	09:00 – 11:30 or 09:00 – 13:00
Meeting Place:	Sumiyoshi (to be confirmed)
Min / Max:	2 / 12
Members Fee:	¥ 1000
Non-Members Fee:	¥ 2000
Additional Costs:	Transportation and lunch (optional)
Additional Information:	Wear comfortable shoes and clothing and pack water.

21.24 MIHO MUSEUM

Designed by the world-renowned architect I.M.Pei, who designed the glass pyramid of the Louvre Museum in Paris. Miho Museum is not only one of Japan's least known architectural gems, but it has a remarkable collection of art. Out of respect for nature, approximtely three-quarters of the 17,400 square meter building is situated underground, carved out of a rocky mountaintop. Many of the museum's pieces date back thousands of years, their charm, immortal.

Trip Leader:	Yuko Sangu
Date:	Thursday 10th June
Time:	09:00 – 15:30
Meeting Place:	To be advised
Min / Max:	7 / 11
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500
Additional Costs:	Transportation and lunch
Additional Information:	Admission fee included in price We are requesting some volunteers attending this trip to drive, participants will pay towards highway fees.

COOKING CLASSES

PLEASE BRING AN APRON & TAKEAWAY CONTAINERS TO TAKE YOUR MEALS HOME

21.40 HEALTHY COOKING WITH HIROKO

Enjoy a wonderful menu of healthy vegetarian meals by Hiroko Sensei. Hiroko is a trained nutritionist so not only do you get some new delicious recipe inspiration she always has some food health information to share too.

Instructor:	Hiroko Shimada
Dates:	Tuesday 27th April Tuesday 18th May Monday 14th June
Time:	10:30 – 13:30
Place:	CHIC Kitchen
Min / Max:	4 / 10
Members Fee:	¥ 5500
Non-Members Fee:	¥ 6500

21.42 FRENCH COOKING

Join Caroline as she explores meals from various regions in France. Each month will be a new region will be chosen and you will make a selection of courses.
April menu: Clafoutis champignons et asperges, Hachis Parmentier, Tarte aux fraises à la crème pâtissière

Instructor:	Caroline Gras
Date:	Tuesday 20th April Tuesday 18th May Tuesday 8th June
Time:	10:30 – 14:00
Place:	CHIC Kitchen
Min / Max:	4 / 10
Members Fee:	¥ 5000
Non-Members Fee:	¥ 6000

21.47 INDONESIAN COOKING WITH NAMITA

Come and join Namita to create these classic and beloved Indonesian dishes.
Menu: Gado gado salad, Indonesian curry with fresh curry paste, satays and rice.

Instructor:	Namita Wadhwa
Date:	Friday 14th May
Time:	10:30 – 14:00
Place:	CHIC Kitchen
Min / Max:	4 / 10
Members Fee:	¥ 5000
Non-Members Fee:	¥ 6000

21.48 LOVELY LEMON CHEESECAKE

Join Shawna in her apartment for afternoon tea! She will show you how to create a perfect 6-inch lemon cheesecake (perfect size for Japanese ovens). Afterwards we will enjoy a cup of tea or coffee and sample the scrumptious cheesecake. You will also get to take a piece home.

Instructor:	Shawna Wallis
Date:	Thursday 20th May
Time:	13:00 – 15:00
Place:	Shawna's Apartment
Min / Max:	4 / 8
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500

21.46 INDIAN COOKING @ HARPREET'S HOUSE

Join Harpreet at home for a fun day of cooking. Harpreet will pick you up and drop you off at the the Minotani bus station

Menu: Keema Matar, Corn fritters, Mughlai paneer, parantha (fried dough) and date & nut kheer, all served with salad, tea and coffee plus a welcome drink.

Instructor:	Harpreet Sethi
Date:	Friday 28th May
Time:	10:00 – 14:30
Place:	Harpreet's house
Min / Max:	6 / 10
Members Fee:	¥ 5000
Non-Members Fee:	¥ 6000
Additional Information:	Bring an apron and Harpreet will pick you up from Minotani bus station

CHILDREN'S CLASSES

21.60 TINY TOT TIME

Make learning fun! Join Mandy as we explore learning through music and movement, stories, poems, structured and unstructured free play. This class is for all children from 1-4 years old to enjoy and participate in activities accompanied by a parent or caregiver. This is a wonderful opportunity for parents and little ones to make friends and share in the joy of learning. This class will be conducted in English.

学ぶことを楽しみましょう！　マンディーと音楽や動き、お話や詩、そして自由な遊びを通じて学びを開拓しましょう。
このクラスは１歳から４歳までの全ての子供を対象としており、お父様、お母様や介護人が一緒になってアクティビティーに参加し、楽しんで頂けます。
この時間はご両親と小さな子供達にとって友達を作ったり、学びの喜びを分かち合う素晴しい機会となります。尚、このクラスは英語で行われます。

Instructor:	Mandy Dillon
Days:	Mondays
Time:	10:00 – 11:00
Place:	Banquet Hall
Min / Max:	4 / 20
Members Fee:	¥ 1000
Non-Members Fee	¥ 1500
Additional Information:	2nd child 50% discount

21.61 HAPPY HANDS ART ACTIVITIES

Ideal for little ones (preschoolers) to explore, get creative and messy, and enjoy the love of art. Activities will be organized to meet the needs of small children that are structured "hands-on" and fun! Different activities and themes each session. Child must be accompanied by an adult
*****Please book and pay three days in advance as materials need to be purchased*****

幼児（未就学児）が芸術への愛を探求し、創造し、めちゃくちゃになって楽しむのに最適です。
アクティビティーは体系的な"hands-on"（実際に行うこと）で幼児の必要とするものを満たすように、そして楽しく行われます。また、毎回異なるアクティビティーとテーマで行われます。子供達は１名の大人の付き添いが必須です。
材料の購入が必要となるので、３日前までにご予約とお支払いをお願いしております。尚、このクラスは英語で行われます。

Instructor:	Mandy Dillon
Dates:	Friday 28th May
Time:	10:00 – 11:00
Place:	CHIC Kitchen
Min / Max:	2 / 10
Members Fee:	¥ 2000
Non-Members Fee:	¥ 2500
Additional Information:	Second child 50% discount Please wear old clothes or Painting shirts and bring wipes

ART & CRAFT CLASSES

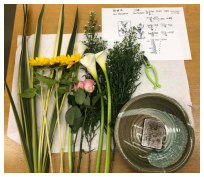
21.62 IKEBANA IKENOBO

Ikenobo is a style of Ikebana (Japanese floral art). Ikenobo was founded in Kyoto by a Buddhist monk in the 15th century. It is a style of placing flowers in a purposeful and meaningful way, as opposed to simply placing them in a vase informally. Ikenobo has strong symbolic and philosophical overtones, which combined with beautiful flowers and natural elements, leads to a beautiful and satisfying flower arrangement.

Instructor:	Etsuko Hanai
Days:	Fridays
Dates:	16th April 7th & 21st May 4th June
Time:	11:00 -13:30
Meeting Place:	CHIC Craft Room
Min/Max:	1 / 8
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500
Additional Costs:	Flowers approx. ¥2000 / class to be paid directly to the teacher.

21.63 IKEBANA MISHORYU NAKAYAMA BUNPO

Mishoryu Nakayama Bunpo uses seasonal and mainly indigenous flora in natural style arrangements used mainly to complement the other traditional Japanese arts.



Instructor:	Kayo Fukayama
Dates:	15th, 21st April 13th, 20th, 27th May 10th June
Time:	10:00 -12:30
Meeting Place:	Craft Room
Min/Max:	1 / 8
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500
Additional Costs:	Flowers approx. ¥2000 / class to be paid directly to the teacher.

21.64 IKEBANA SOGETSU

Ikebana Sogetsu was founded by Sofu Teshigahara in 1927 who began to question the traditional ikdebana art of arranging flowers in a routine fashion. Iliya is a certified instructor (1st grade, Somu) based in Ashiya. He started his studies in 2003 when he first moved to Japan. He has participated in a number of Ikebana exhibitions. Come and be wowed by this modern, abstract style ikebana.

Instructor:	Iliya Baibikov
Day:	Tuesdays
Dates:	11th May 1st June
Time:	11:00 -12:30
Meeting Place:	CHIC Craft Room
Min/Max:	2 / 10
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500
Additional Costs:	Flowers approx. ¥2000 / class to be paid directly to the teacher.

21.65 SEASONAL FLORAL ART

Kazuko is a florist at "Flower Ken's' in The Entente. She is sharing various ways of flower decorations as follows: Fresh Flower Arrangement; Hand Tied Bouquet; Dried Flower Wreath; Sway & Frame; Aroma Wax Bar and Herbarium.

Instructor:	Kazuko Okawa
Dates:	Wednesday 28th April Wednesday 12th & 26th May 9th June
Time:	11:00 -12:30
Meeting Place:	Craft Room
Min/Max:	1 / 8
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500
Additional Costs:	Flowers approx. ¥ 2500 / class to be paid directly to the teacher.

21.66 TSUMAMI ZAIKU

Tsumami Zaiku is a traditional Japanese craft that dates back more that 200 years to the Edo Period and has been used by Japanese women for hair accessories (Kanzashi). In this workshop, you will learn step-by-step how to make tsumami zaiku by folding small square pieces of rayon crepe fabric (Chirimen) and combining them.

Instructor:	Kotoe Hata
Date:	Friday 16th April Friday 14th May Friday 11th June
Time:	11:00 – 13:00
Place:	CHIC Classroom
Min/Max:	2 / 6
Members Fee:	¥ 1500
Non-Members Fee:	¥ 2500
Additional Costs:	Material cost depends on the project, paid to teacher.
Additional Information:	Bring your own tweezers.

21.68 TEMARI BALLS – BEGINNERS

Temari balls are highly valued and cherished gifts, symbolizing deep friendship and loyalty. Also, the shiny colors and threads used are symbolic of wishing the recipient a happy life.

Instructor:	Shawna Wallis
Day:	Tuesdays
Dates:	11th May
Time:	10:00 – 12:00
Day:	Wednesdays
Dates:	21st April & 19th May
Time:	15:00 – 17:00
Place:	CHIC Craft Room
Min/Max:	2 / 5
Members Fee:	¥ 2500 Members only

21.70 SHODO

Shodo is the Japanese word for calligraphy, the method of writing with a Japanese brush and sumi (ink stick). In the class, you can create your own works to decorate your home.
Beginners are welcome in all classes as students work at their own pace.
Shodo is said to be calming so you can focus on expressing your emotions in the process of creating.
Samples on display at CHIC.

Instructor:	Noriko Ukita
Meeting Place:	CHIC Room 3
Min/Max:	2 / 6
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500
Additional Costs:	Shodo kit ¥4800
Additional Information:	A trial class for 1st time is available without buying a Shodo kit
WEDNESDAY MORNINGS	
Dates:	21st April 12th & 26th May 2nd June
Time:	10:30 - 12:00
FRIDAY MORNINGS	
Dates:	16th April 7th & 21st May 4th June
Time:	10:30 - 12:00
THURSDAY EVENINGS	
Dates:	22nd April 13th & 27th May 3rd June
Time:	18:30 - 20:00

VARIOUS CLASSES

21.5 TAIKO DRUMMING

Japanese drums are deeply rooted in Japanese history and can be experienced at every local festival in Japan today. Join Carrie Carter, an experienced taiko performer and teacher since 2004. In an English-speaking environment, you will develop a strong body stance, drum sticking technique, voice, spirit and ability to play in unison.

Trip Leader:	Carrie Carter
Date:	Monday 24th May
Time:	11:30 – 13:30
Meeting Place:	CHIC Banquet Hall
Min / Max:	4 / 8
Members Fee:	¥ 6500
Non-Members Fee:	¥ 7500

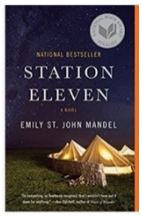
21.85 KAREN LUCAS PHOTOGRAPHY – BEGINNERS CLASS

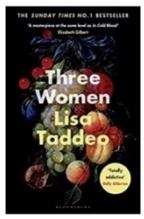
Karen Lucas moved to Japan in November 2020 with her family. Karen is an award-winning photographer with 12 years experience teaching photography. If you love taking photos while exploring new places and would like to improve your camera or creative skills you must join these classes! The classes will include theory (this is super important) followed by applying the theory in practical exercises so you get used to all the buttons to create the effect you want. These classes will be packed with tips, techniques and inspiration.
If you would like to know a bit more about Karen, head over to her website:
www.karenlucasphotography.com

Instructor:	Karen Lucas
Days:	Mondays
Dates:	19th & 26th April
	10th & 17th May
Time:	09:30 – 12:30
Place:	CHIC Office
Min / Max:	4 / 6
Members Fee:	¥52500 for all 4 classes
Non-Members Fee:	¥54500 for all 4 classes
Additional Information:	Bring your own digital camera

21.80 BOOK CLUB

Looking for some lively and vibrant literary discussion? Once a month, Book Club will gather to discuss books from different genres and cultures:





Instructor:	Angela Levesque
Days:	Mondays
Dates:	19th April: Station 11 by Emily St. John Mandel 17th May : Three Women by Lisa Taddeo 14th June: The Island of Sea Women by Lisa See
Time:	10:30 – 12:00
Place:	CHIC Office
Min / Max:	2 / Unlimited
Members Fee:	¥ 2000 for the program
Non-Members Fee:	¥ 3000 for the program

21.82 CULTURE OF KIMONO

An independent introductory course designed for everyone who wants to learn about the culture and skills required for of Kimono. Anyone interested in 'Kimono' are welcome to join.

Instructor:	Yumi Ayama
Dates:	Available upon request
Time:	10:00 – 12:00
Place:	CHIC Classroom
Min / Max	1 / 2
Members:	¥ 2500
Non-Members Fee:	¥ 3000
Additional Information:	Private & extra lessons available upon request.

Zoom lessons online are available with Yumi upon request (for experienced members only).

21.83 KIMONO DRESSING

This course is designed for students who have some experience of Kimono dressing practice (Intermediate and advanced).

Instructor:	Yumi Ayama
Place:	CHIC Classroom
Min / Max:	1 / 2
Members Fee:	¥ 2500
Non-Members Fee	¥ 3500
Day:	Wednesdays
Dates:	14th April 12th May
Time:	12:30 - 14:30
Day:	Thursdays (2 sessions available)
Dates:	15th April 13th May
Time:	10:00 - 12:00 & 12:30 - 14:30
Additional Information:	Private & extra lessons available upon request.

21.84 CULTURE TALKS

Yumi, our fabulous and incredibly knowledgeable kimono teacher, can host various informative talks with question and answer sessions. Grab a friend and book a time to make your next trip even more meaningful. Yumi can share information on the following topics:

Temple and Shrines
Let's decode the patterns of Kimono
Story of Geisha

Trip Leader:	Yumi Ayama
Date:	Available upon request
Meeting Place:	CHIC Office or online
Min / Max:	2 / 8
Members Fee:	¥ 2500
Non-Members Fee:	¥ 3500

FITNESS CLASSES

21.90 JENNI'S BOOTCAMP

This is an all-over-body workout for all levels of fitness done to motivating music. We do a variety of exercises working on strength and cardiovascular fitness, but most of all we have fun getting fit together. Jenni is a qualified physiotherapist and takes inspiration from experiences in fitness, boxing, dance, and yoga! This class is taken outside unless it's raining.

Instructor:	Jenni Reed
Days:	Tuesdays
Time:	09:00 – 10:00
Place:	Outside Tully's Rokko Island
Min/Max:	3 / Unlimited
Members Fee	¥ 1500
Non-Members:	¥ 2500
Additional Information:	Bring a yoga mat and a bottle of water. Buy a pack of 10 lessons for ¥10,000 (to be used from January to June 2021 program).

21.91 YOGA FOR BEAUTY

This yoga class comprises many asanas aimed at the formation of a beautiful and healthy body. It will focus on harmony of body and soul. At the end of each lesson, there will be asanas for both relaxation and meditation, providing everyone with a positive mood.

Instructor:	Elena Angelovska
Days:	Tuesdays
Time:	10:00 – 11:15
Place:	Banquet Hall
Min/Max:	3 / 20
Members Fee	¥ 1500
Non-Members:	¥ 2500
Additional Information:	Bring a yoga mat

21.95 SKY JUMP – TRIAL LESSONS (**NEW TO PROGRAM @ 7TH APRIL**)

Sky jump with Claudia is an aerobic dance workout that promotes overall fitness by wearing jump boots that greatly reduce the burden on the body. You will dance to rhythmic music. Jump boots are swiss made with special springs that can reduce the strain on your body by up to 80% when dancing. Sky jump is attracting attention all over the world in the wake of the boom among celebrities in Brazil, a health powerhouse!

Instructor:	Claudia
Days:	Wednesdays
Time:	08:50 – 09:50
Place:	Banquet Hall
Min/Max:	4 / 10
Members Fee	¥ 1500
Non-Members:	¥ 2500
Additional Information:	Price for trail period includes boot hire Boot weight limit is 80kg and under

21.94 ZUMBA

Join Victoria, a trained Zumba instructor, for an awesome workout. Dance to great music with great people and burn a ton of calories without even realizing it.

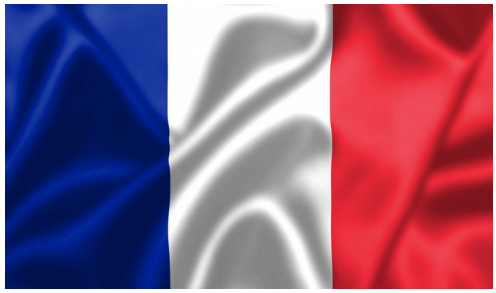
Instructor:	Victoria Gabriadze
Days:	Fridays
Time:	9:30 – 10:30
Place:	Banquet Hall
Min/Max:	4 / Unlimited
Members Fee	¥ 1500
Non-Members:	¥ 2500
Additional Information:	Bring water

LANGUAGE CLASSES

21.95 FRENCH

Learn this romantic language with Oxana Morineau. Oxana lived in France for 15 years. She holds a Masters' Degree in Foreign Language as well as a Masters' Degree in Teaching Language. She is happy to share the French language and culture!

Teacher:	Oxana Morineau
Place:	CHIC Classroom
Days:	Mondays
Time:	10:00 – 11:30 Advanced
	11:40 – 13:10 Beginner
	13:30 – 15:00 Intermediate
Min / Max:	1 / 5
Members Fee:	¥ 3000
Non-Members Fee:	¥ 3500



21.96 ENGLISH CONVERSATION

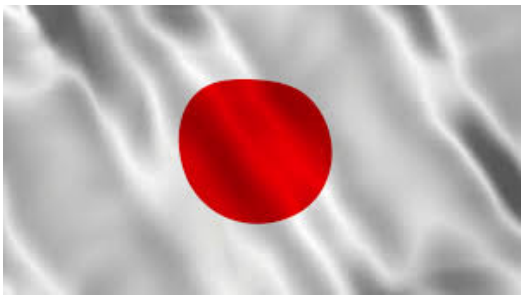
Come and learn the basics of conversational English in a relaxed environment with Kristi.

Teacher:	Kristi Keoughan
Place:	CHIC Classroom
Days:	Tuesdays
Time:	10:30 – 12:00
Min / Max:	1 / 8
Members Fee:	¥ 3000
Non-members:	¥ 3500

21.97 JAPANESE

Teacher Keiko Tamura has life-long experience teaching in international schools in Kobe. Learn Japanese from Keiko in a relaxed and fun environment. Lessons also available upon request.

Teacher:	Keiko Tamura
Place:	CHIC Classroom
Min / Max:	2 / 5
Members Fee:	¥ 3000
Non-Members Fee:	¥ 3500
a. Beginner Japanese	
Days:	Tuesdays
Time:	10:00 – 11:30
b. Intermediate Japanese	
Days:	Tuesdays
Time:	11:45 – 13:15



DATES TO DIARIES

CLOSED:

Thursday 29th April
Friday 30th April
Monday 3rd May
Tuesday 4th May
Wednesday 5th May
Office closes at 12:00pm on Tuesday 15th June

CHIC Office will open on Monday 23rd August 2021

Community House & Information Centre